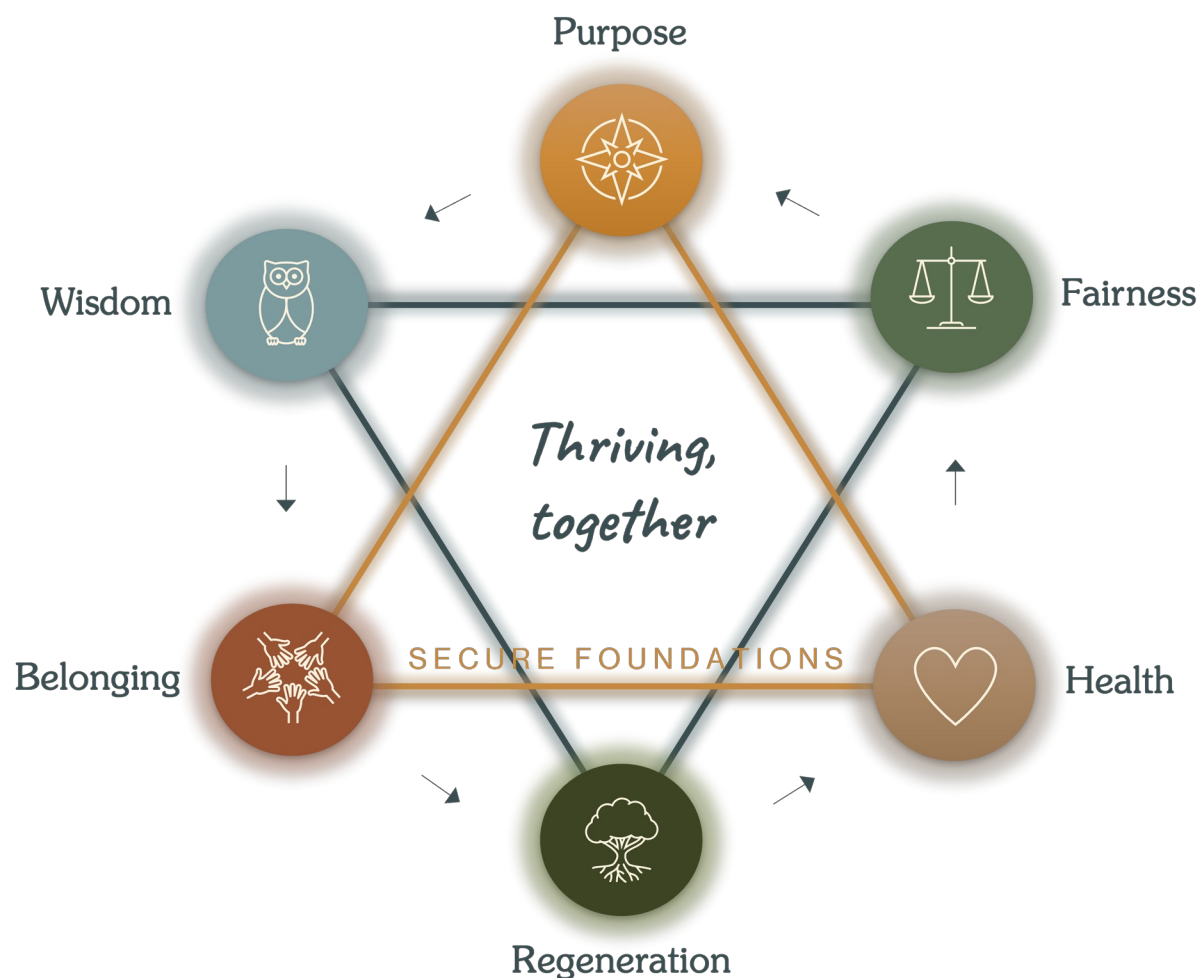




TEST IT AND SEE

Guiding Star for All Life

Workbook



Why Use This Workbook

Most of us are carrying a sense that something needs to shift, without quite knowing where to start. This workbook is where you find that starting point — worked through with something real in mind, not just read and set aside. Do it alone, out loud with others, or both. What matters is that you use it, not just read it.

How to Use This Workbook

Designed to be used with flexibility — online, printed at A3, spread on a table, or redrawn on a whiteboard or big sheet of paper — worked alone or with a group, out loud.

No required starting point. Enter wherever is alive right now, and keep going, anti-clockwise — Purpose, Wisdom, Belonging, Regeneration, Health, Fairness.

Be honest — with care and compassion for yourself and others, without judgement, criticism, blame or assumptions.

WHAT and WHO Are You Creating or Reviewing a Vision For?

This is your Aspiration — a real, felt sense of the future you're orienting toward.

Personal & Relational · Organisations & Teams · Communities & Localities · Policy & Systems · Ecosystems & Land · Design & Education

Be specific. Person, team, organisation, community, system, idea? Name it below.

OUR HIGHEST COMMON GROUND

The Six Universals

Purpose

What we're here to contribute — where real meaning and fulfillment are found.

Purpose is an orientation, not a state — what someone or something is here to contribute, and where real meaning is made. These two belong together: contribution without meaning is task completion; meaning without purpose is longing without direction. Contribution, not accumulation, is where real status, pride and fulfillment come from.

IF MISSING

Going through the motions — busy, but not moving anywhere.

Wisdom

Learning across time — what feels real, tested against what history, other people and the world already revealed.

Wisdom holds every way of knowing — inner, ancestral, cultural, collective, felt and reasoned — with humility, refusing to let any one register claim the whole picture. It bridges ancestral knowledge (what has been held and passed down) and present-moment discernment (what we sense and trust in our depths). Both are needed. Neither alone is sufficient.

IF MISSING

Refusing to see what's plainly in front of us.

Belonging

Seen, heard, valued, safe to be who we are — meaningful connections that equally embrace our similarities and our differences.

Belonging is a felt, received state, real only when it doesn't depend on someone else's exclusion to exist. It starts with something concrete: being cared for, not just spoken of kindly. Every cult, gang and exclusionary in-group delivers intense belonging to insiders by excluding outsiders. That is not the belonging the Guiding Star holds.

IF MISSING

Disconnection — cut off from people, from yourself, from the world.

Regeneration

Giving more than we take — leaving things healthier than we found them.

Regeneration tests whether an exchange actually gave back more than it took, in practice and not only in claim, so whatever it touched is left healthier than it found it. It applies as fully to people as to the planet: running people past what's sustainable is extraction, exactly as depleting soil or water is.

IF MISSING

Slow depletion — of soil, of trust, of energy, of people.

Health

Vibrant life in every living thing — thriving, not just surviving, and free from harm.

Health is the felt experience of being well — in body, mind, emotion and spirit for a person, and the aliveness of a living system for anything else. It sits beside Regeneration rather than repeating it: Regeneration tests whether the conditions for wellness are being sustained; Health is what the answer feels like once that test has been passed or failed.

IF MISSING

Harm — something actively being damaged, not just unwell.

Fairness

For all life, without exception — including everyone's right to choose their own path.

Fairness is a test applied to a system, not a quality a system possesses. It asks: does this hold for everyone it touches, and does everyone affected retain the right to determine their own path? The single most consistently present universal across every source examined — legal, economic, institutional, relational, and indigenous. No source omits it entirely.

IF MISSING

Domination — someone deciding who gets to have, and who doesn't.

SIT WITH EACH QUESTION

The Practice

Purpose

What are we really here to contribute — and what's one true step we're actually taking toward it?

Wisdom

What do we actually know here, tested against outside evidence — and what are we still avoiding looking at?

Belonging

Do people genuinely feel safe to be who they are here — and does that safety depend on anyone being left out?

Regeneration

Are we giving back more than we take — in practice, not just in what we say?

Health

Is everyone here truly thriving, not just surviving — and what's already working that deserves more attention?

Fairness

Would those most affected by this call it fair — and have we actually asked them?

BRING IT TO LIFE

Choose Your Context

Pick the one (or several) that fits your focus from page one.

Personal & Relational

What does this ask of you, personally?

Organisations & Teams

How does it hold up in a real meeting, a real decision?

Communities & Localities

What does it make visible that wasn't visible before?

Policy & Systems

Where does it strain, or fail, under real conditions?

Ecosystems & Land

Does it extend genuinely to non-human life?

Design & Education

What does it demand of the person using it?

AN OPEN INQUIRY

What We're Listening For

Not a survey. The framework changes in response to what people find — that's the point.

- Does it name what matters in your environment, or is something missing?
- What does it make visible that wasn't visible before?
- Where does it fall short, feel wrong, or produce confusion?
- Who or what does it fail to include, or include badly?
- What would you change, add, or remove?
- What surprised you?

Your reflection

Where, honestly, are you thriving right now — and where are you in shadow, across all six?

Send your findings to hello@greatergoodco.au

This document was built with the help of AI. The thinking behind it — the frameworks, the words, the ideas — is entirely human, drawn from lived experience. AI is a tool here, not a source; it simply helps this work reach further.